

#### **Bangladesh Health Professions Institute (BHPI)** CRP, Chapain, Savar, Dhaka-1343

# **Biography**

## **Tuhin Ahammed**

Lecturer

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Tuhin Ahammed is serving as Lecturer of Physiotherapy at Bangladesh Health Professions Institute (BHPI), the academic institute of CRP, with a rich academic and professional background from 2023 till now. He graduated in Physiotherapy from BHPI affiliated with the University of Dhaka in 2019. He has dedicated his career to teaching, clinical practice, and research in physiotherapy with a keen interest in areas such as Neurology, Geriatric, Musculoskeletal, and Paediatric. He is a former Clinical Physiotherapist of the Centre for the Rehabilitation of the Paralysed (CRP), Department of Physiotherapy. Savar, Dhaka from 2021 to 2023. He served in different positions in the Physiotherapy department. He has postgraduate training and research publications. He engaged himself in different types of voluntary activities. He participated in conferences and seminars at home. Tuhin Ahammed is a member of the Bangladesh Physiotherapy Association (BPA), the member organization of World Physiotherapy (WPT). His areas of specialty are teaching, Research, treating neurological & musculoskeletal patients, and ethics.

## Training/ Workshops-

- ♣ "Pain Management of Spine, Upper Limbs and Lower Limbs" organized by the Centre for the Rehabilitation of the Paralysed (CRP)-2022.
- ♣ Evidence-Based Physiotherapy Practice for Neurological Conditions" organized by the Centre for the Rehabilitation of the Paralysed (CRP)-2022.
- → Intra-articular Infiltration & Soft tissue injection' organized by the Academy of Physiotherapy from Monroe Medical- UK-2020.

### **Voluntary work:**

❖ Three months of voluntary service at CRP in the Advocacy & Networking Department from January 2019 to March 2019.

## **Publications:**

- Nahid, Z., Ahmed, F., **Ahammed, T.**, Uddin, M., Islam, M., Sajib, S. and Islam, M. (2024). Impact of Action Observation Therapy along with Usual Physiotherapy Intervention of Individual with Alzheimer's Disease. *Advances in Alzheimer's Disease*, **13**, 1-10.
- ➤ Miah, M. L., Haque, M. O., **Ahammed, T.**, Hossain, M., Afridi, S., Rahman, M. H., & Solaiman, S. (2023). Effectiveness of scapular mobilization to reduce shoulder pain among the patients with Spinal Cord Injury. *GPH-International Journal of Biological & Medicine Science*, 6(09), 29-37.