



**Bangladesh Health Professions Institute (BHPI)**  
CRP, Chapain, Savar, Dhaka-1343

## Biography

### **Fabiha Alam**

Assistant Professor

Department of Physiotherapy

Bangladesh Health Professions Institute (BHPI)

Former Clinical Physiotherapist

Centre for the Rehabilitation of the Paralysed (CRP)

Savar | Dhaka-1343 | Bangladesh.



Mobile: +8801723-547278

Email: [dishaphysio@yahoo.com](mailto:dishaphysio@yahoo.com)

Fabiha Alam graduated in Physiotherapy from BHPI affiliated with the University of Dhaka in 2012 and obtained a Master of Physiotherapy affiliated with the University of Dhaka in 2019. She also completed her Masters in Social Science (MSS) from Dhaka University in 2016. She is a former Clinical Physiotherapist of the Centre for the Rehabilitation of the Paralysed (CRP), Department of Physiotherapy, Savar, Dhaka from 2013 to 2015. She joined as a Lecturer of Physiotherapy at Bangladesh Health Professions Institute (BHPI) with a rich academic and professional background from 2015 to 2022. She was then promoted to Assistant Professor and honorably serving in that position from 2022 till now. She has different postgraduate training and research publications; She participated in conferences and seminars at home and abroad. Fabiha Alam is a member of the Bangladesh Physiotherapy Association (BPA), the member

organization of WPT. Her areas of specialty are treating patients, teaching, administration, and ethics.

### **Training & Conferences:**

- Participated in the IscoS-Ascon 2022 at Observership Award, New Delhi, India.
- International certification course in Obstetrics and Gynecological Physiotherapy, CRP-2022.
- Physiotherapy Conference on “Emerging Needs of Physiotherapy Profession in Bangladesh & Our Perspectives, BPA-2013.
- CPD training on “Mechanical Diagnosis & Therapy for Musculoskeletal”. CRP-2013.
- CPD training on “Bobath Approach for Neurology, CRP-2013.
- CPD training on “Prosthetics Gait Assessment & Analysis”, CRP-2013.

### **Publications:**

- ✚ Islam M W, **Alam F**, Islam A, Urme N A (2022) Evidence-based physiotherapy management of fall prevention for the patient with Alzheimer disease: A case-based study, Edorium journal of Disability and Rehabilitation, vol 8, issue (2): ISSN: 2456-8392
- ✚ **Alam F**, Urme N A & Jahan N (2021) Effectiveness of specific lumbar stabilization exercise for LBP among postpartum women: a quasi-experimental study, Journal of advanced academic research (JAAR), vol. 8, no. 1, ISSN: 2362-1303 (Paper) | eISSN: 2362-1311, Received: 8 July 2021 Accepted: 2 August 2021 Published: 8 August 2021 (Online)
- ✚ **Alam F**, Urme N A, Mamin F (2019). Commonly used assistive devices in neurological conditions, vol. 3 no. 2 (2019), 21-25, international journal of Neurosurgery. ISSN: 2640-1940 (print); ISSN: 2640-1959 (online), doi: 10.11648/j.ijn.20190302.12. Accepted to publish in November 19, 2019 and published in November 25, 2019.

- ✚ **Alam F**, Urme N A (2019). Inspiratory muscle training (IMT) for chronic obstructive pulmonary disease (COPD) patients, *International Journal of Neurorehabilitation*, vol. 6, no. 5, ISSN: 2376-0281, received at October 30, 2019, Accepted 12 November, 2019 and published in November 19 2019.
- ✚ **Alam F**, Urme N A, Parvez N & Rahman E (2019). Management of a case with spondylolisthesis & disc prolapsed through clinical reasoning process, *Journal of medical research and health Sciences*, vol. 2 no. 9, ISSN: 2589-9023 (print); ISSN: 2589-9031(online), Received: 20 August 2019, accepted to publish in September 10, 2019.
- ✚ Urme N A, **Alam F**, Parvez N & Rahman E (2019). Physiotherapy management of lumbar radiculopathy with hamstring injury (9grade-II) patient by using different clinical reasoning process: a case report. *Journal of Research and opinion*, vol. 6, no. 9, ISSN: 2451-2459 (online); ISSN: 2589-9058 (print): 2589-904X, Accepted 6 September, 2019 and published in September 9, 2019. doi: 10.15520/jro.v6i9.200.
- ✚ Urme N A, **Alam F**, Rahman E (2019) Effectiveness of Active cycle of breathing technique (ACBT) for the patients of Bronchiectasis: A narrative review of study, *Journal of clinical respiratory disease and care*, vol. 5, no. 2, ISSN: 2472-1247 Accepted 6 November, 2019 and published in November 14 2019.
- ✚ **Alam F**, Akter F & Parvez N (2021) A patient with urinary incontinence and pelvic floor weakness managed by pelvic floor muscle strengthening exercise, vol. 1, no. 1, *Journal of Recent Advances in Clinical trials*, Accepted 20 September, 2021 and published in November 2021, vol 1, issue :1; ISSN: 2771-9057.
- ✚ **Conference Paper:** Pilate's Method for Paraplegic Spinal Cord Injury Patients during Rehabilitation. Selected and presented at IscoS-Ascon 2022 at Observership Award, New Delhi, India.
- ✚ Association between Intimate Partner Violence (IPV) and Physical, Psychological & Social Health Outcomes for Women in Bangladesh in peer review process.